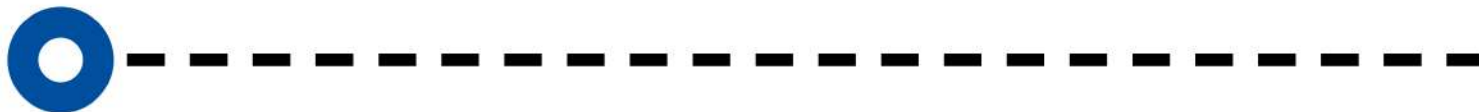


Recipe by
Javid Alekozai

Homemade yoghurt



Preparation

Heat milk to 80 degrees C, and cool to around 40 degrees C. Add yoghurt bacteria. Mix the yoghurt and milk, pour into a jar and set aside for 7-9 hours. Transfer to the fridge.

