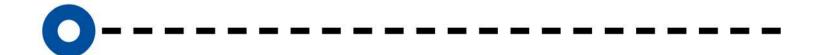
Recipe by *Nneki Ugwu*





Ingredients

400 g buckwheat flour 1.5 l water

Preparation

Boil the water, slowly add the flour to the boiling water and stir with a wooden spoon until thick.